



TEPPANYAKI

STOCKTON HEATH

— MENU —

鉄板焼き美味しい



LIGHT BITES



MISO SOUP £3.50

A traditional Japanese soup made with fermented soybean paste, spring onions and seaweed, creating a delicate, savoury broth with a comforting depth of flavour.



CHILLI SQUID £6.95

Tender squid tossed with fresh chillies and aromatic spices, creating a deliciously spicy and savoury bite with a vibrant kick.



EDAMAME SALT/SPICY GARLIC £3.50/4.50

Steamed young soybeans served in their pods, with a choice of sea salt or spicy garlic seasoning for a simple yet flavourful Japanese classic.



VEGETABLE HARUMAKI £4.95

Crispy Japanese spring rolls filled with a savoury mix of fresh vegetables, wrapped in a delicate golden pastry for a satisfying crunch.



YAKITORI £7.95

Tender chicken skewers grilled to perfection and glazed with a rich, sweet teriyaki sauce, delivering a beautifully caramelised finish in every bite. (3pcs)



CHICKEN KARAAGE £6.95

Succulent chicken thigh pieces marinated in garlic and soy sauce. Fried in bread crumbs.



VEGETABLE TEMPURA £6.95

Vegetable pieces fried in a light tempura flour batter, served with a soy-based dipping sauce.



CHICKEN GYOZAS OR FRIED JAPANESE CHICKEN DUMPLINGS £5.95

Japanese dumplings filled with seasoned chicken and vegetables, pan-fried until golden and crisp for a delicious combination of tender filling and delicate crunch.



SPICY CAULIFLOWER £6.95

Crispy cauliflower tossed in a bold, spicy sauce with a delicious savoury kick, creating the perfect balance of crunch, heat and flavour.



PRAWN TEMPURA £7.95

Juicy prawns lightly battered and fried until crisp and golden, creating a delicate crunch while keeping the prawns succulent and tender.



EBI FRY £7.95

Juicy prawns coated in golden panko breadcrumbs and fried until perfectly crisp, creating a deliciously crunchy coating with a tender, succulent centre.



CHILDREN'S MENU £11.95

MEALS FOR CHILDREN UNDER 10

CHOOSE YOUR MAIN

Teriyaki Chicken Breast
Teriyaki Vegetables
Chicken Karaage

CHOOSE YOUR SIDE

Mixed Vegetables, Steamed
Rice, Sweet Potato Fries,
Fried Rice

CHOOSE YOUR DRINK & DESSERT

Drink
Coke
Lemonade
Still water

Dessert
A scoop of Ice cream
Chocolate/Vanilla

ALLERGIES AND INTOLERANCES



PLEASE SPEAK TO A MEMBER OF THE TEAM IF YOU SUFFER FROM ANY ALLERGIES OR INTOLERANCES AND THEY WILL BE HAPPY TO GUIDE YOU THROUGH THE MENU

Suitable for Vegetarians Gluten free Contains shellfish

A LA CARTE TEPPANYAKI

COOKED IN FRONT OF YOU ON THE TEPPAN GRILL. PICK A MAINS AND A SIDE

SQUID £14.95

TENDER SQUID GRILLED ON THE TEPPANYAKI WITH GARLIC, BUTTER, TERIYAKI AND SOY SAUCE, SERVED WITH FRESHLY GRILLED VEGETABLES.

SALMON FILLET £14.95

FRESH SALMON FILLET GRILLED ON THE TEPPANYAKI WITH SEASONAL VEGETABLES AND FINISHED WITH A LIGHT TERIYAKI GLAZE.

KING PRAWNS £14.95

JUICY KING PRAWNS GRILLED WITH GARLIC, BUTTER AND SOY SAUCE, SERVED WITH FRESHLY GRILLED MIXED VEGETABLES.

SEABASS £14.95

DELICATE SEABASS FILLET GRILLED WITH FRESH SEASONAL VEGETABLES AND FINISHED WITH A LIGHT SAVOURY SAUCE.

LAMB RUMP £16.95

TENDER LAMB RUMP SEARED ON THE TEPPANYAKI, SERVED WITH GRILLED VEGETABLES AND FINISHED WITH A TERIYAKI SAUCE.

RIBEYE STEAK £18.95

PRIME RIBEYE STEAK COOKED TO YOUR LIKING ON THE TEPPANYAKI, SLICED AND SERVED WITH FRESHLY GRILLED VEGETABLES.

VEGETABLE TERIYAKI £12.50

FRESH MIXED VEGETABLES GRILLED ON THE TEPPANYAKI AND TOSSED IN OUR RICH TERIYAKI SAUCE.

TUNA FILLET £15.95

FRESH TUNA FILLET SEARED ON THE TEPPANYAKI, SERVED WITH CRISP GRILLED VEGETABLES AND A LIGHT SOY SAUCE.

CHICKEN TERIYAKI £14.95

TENDER CHICKEN BREAST GRILLED WITH ONIONS, PEPPERS AND MIXED VEGETABLES, FINISHED WITH OUR TERIYAKI SAUCE.

DUCK TERIYAKI £16.95

SUCCULENT DUCK SEARED ON THE TEPPANYAKI WITH GRILLED VEGETABLES AND FINISHED WITH A SWEET TERIYAKI GLAZE.

FILLET STEAK £18.95

TENDER FILLET STEAK SEARED ON THE TEPPANYAKI, SLICED AND SERVED WITH GRILLED VEGETABLES AND A SAVOURY SAUCE.

SCALLOPS £19.95

PLUMP SCALLOPS SEARED WITH GARLIC AND BUTTER, SERVED WITH FRESHLY GRILLED SEASONAL VEGETABLES.

SIDES

STEAMED RICE £3.50

EGG FRIED RICE £4.50

NOODLES £4.50

GARLIC MUSHROOMS £4.50

FRENCH FRIES £3.50

SWEET POTATO FRIES £3.50



SET MENUS



BEJI £28.00

Miso soup, vegetable tempura, vegetable gyoza and cucumber nigiri to start, followed by a teppanyaki main course of tofu steak & aubergine served with beansprouts, fried rice and mixed vegetables.



KYOTO £30.00

Miso soup, harumaki spring roll, chicken gyoza, salmon nigiri and spicy tekka roll to start followed by chicken **or** salmon **or** duck **or** sirloin steak served with egg fried rice, beansprouts and mixed vegetables

SAMURAI £40.00

Miso soup, harumaki spring roll, chicken gyoza, salmon nigiri sushi & spicy tekka roll followed by King Prawns, Salmon Fillet and Duck Breast Teppanyaki, served with garlic, beansprout, egg fried rice and mixed vegetables

MIYAKO £45.00

Miso soup, harumaki spring roll, chicken gyoza, salmon nigiri sushi & spicy tekka roll followed by King Prawns, Salmon Fillet and Scallops Teppanyaki, served with garlic, beansprout, egg fried rice and mixed vegetables

SUSHI NIGIRI

A THIN SLICE OF FRESH FISH DRAPED OVER
SEASONED SUSHI RICE 2 PIECES PER SERVING

TAKO 🦑 OCTOPUS	£4.00	IKA 🦑 SQUID	£4.00
SABA MACKEREL	£4.00	EBI 🦐 PRAWN	£4.00
SAKE SALMON	£4.00	SUZUKI SEA BASS	£5.00
MAGURO TUNA	£5.00	UNAGI EEL	£5.00

SASHIMI

THIN SLICES OF FRESH FISH SERVED WITH
SOY SAUCE 4 PIECES PER SERVING

TAKO 🦑 OCTOPUS	£5.00	IKA 🦑 SQUID	£5.00
SABA MACKEREL	£5.50	EBI 🦐 PRAWN	£5.00
SAKE SALMON	£5.50	SUZUKI SEA BASS	£5.00
MAGURO TUNA	£6.50	UNAGI EEL	£6.50

NORIMAKI ROLLS

SELECTED FILLING WRAPPED IN SUSHI RICE AND NORI SEAWEED
6 PIECES

KAPPA MAKI 🌱	£5.00	SAKE MAKI	£5.00
NINJIN MAKI 🌱	£5.50	MAGURO MAKI	£5.00
AVOCADO	£5.50		

TEMAKI

HAND ROLLED SUSHI SEAWEED CONE

SPICY TUNA £5.50

Diced tuna, Japanese mayo and scallions with mixed chilli spices

CALIFORNIA 🦐 £5.50

Crabstick, Japanese mayo, avocado and cucumber topped with flying fish roe and sesame seeds

SAKE £5.50

salmon, Japanese mayo, avocado and cucumber topped with flying fish roe

URAMAKI ROLLS

4 PIECES OF SELECTED FILLING WRAPPED IN SUSHI RICE

CALIFORNIAN MAKI 🦐 £4.95

Crabstick, avocado, cucumber & Japanese mayo topped with sesame seeds and flying fish roe

SALMON AVOCADO MAKI 🌱 £4.95

Salmon, avocado and Japanese mayo topped with flying fish roe

EBI TEMPURA MAKI 🦐 £6.50

Tempura prawns, cucumber and Japanese mayo topped with sesame seeds

SOFT SHELL CRAB MAKI 🦐 £6.50

Deep fried soft shell crab wrapped in sushi rice and nori seaweed with a drizzle of unagi sauce

TORIAGE MAKI £5.95

Chicken tempura filling topped with tempura crumbs & drizzled with unagi sauce

VEGGIE SALAD ROLL 🌱 £4.95

Avocado, cucumber, carrots, pickled radish & Japanese mayo, topped with sesame seeds

SPICY BEEF MAKI £5.95

Succulent spiced beef with Japanese spicy sauce, topped with sesame seeds

SPICY TUNA MAKI £5.95

Diced tuna, Japanese mayo, scallions, mixed chilli spices and sesame seeds

TEPPANYAKI

STOCKTON HEATH

SHARING PLATTER

£25.00

Enjoy our chef's omakase platter to share with a selection of nigiri, maki, uramaki and sashimi.

20 PIECE PLATTER

RAMEN

£14.95

FRESH RAMEN NOODLES IN A DELICIOUS BROTH TOPPED WITH PAK CHOI, EGG, SPRING ONION, BEANSPROUTS AND SEAWEED

CHICKEN

CHICKEN BREAST

KINOKO

MUSHROOM

TONKOTSU

PORK BELLY

TANTANMEN

SPICY MINCE PORK

JAPANESE CURRY

£13.95

GOLDEN PANKO-CRUSTED CHICKEN OR VEGETABLES SERVED OVER STEAMED RICE WITH MILDLY SPICED JAPANESE CURRY AND A CRISP SIDE SALAD.

CHICKEN KATSU

VEGETABLE KATSU

SUSHI SPECIALS

4 PIECES PER SERVING

CHEF SPECIALS DRAGON ROLL

£6.95

prawn tempura, eel, avocado and mayo sprinkled with crunchy tempura crumbs and unagi sauce

DEEP BLUE MAKI

£6.95

spicy tuna with chilli oil wrapped in sushi rice and topped with crab stick and salmon

DYNAMITE MAKI

£6.95

deep fried unagi wrapped in sushi rice & topped with spicy minced salmon

JURASSIC ROLL

£6.95

ebi, crispy salmon skin, cucumber, prawns and crab stick wrapped in sushi rice and topped with kabayaki style unagi

ALLERGIES AND INTOLERANCES

Please speak to a member of the team if you suffer from any allergies or intolerances and they will be happy to guide you through the menu.

Suitable for Vegetarians 🌱 Gluten free 🌾 Contains shellfish 🦐

TEPPANYAKI

STOCKTON HEATH

MOCKTAILS



DARK CLOUDS

£5.95

FRESH COCONUT PUREE, LYCHEE & GRENADINE BALANCED TO PERFECTION.



LUMINA

£5.95

BLENDED BY THE BEAUTY OF ELDERFLOWER AND APPLE CONCENTRATE



TROPICAL MISTRESS

£5.95

GLAMOUR OF PASSIONFRUIT AND ORANGE TO ELEVATE YOUR SENSES.



GODDESS GLOW

£5.95

BLEND OF FRESH ORANGES, CUCUMBER AND MINT TO DETOX FROM THE HUSTLE AND BUSTLE.



SAKURA PRINCESS FIZZ

£5.95

CHERRY BLOSSOM SYRUP, LIME JUICE, AND SPARKLING LEMONADE WITH A DELICATE FLORAL FINISH



CINDERELLA MOCKTAIL

£7.95

LIME, MINT, SUGAR SYRUP WITH POMEGRANATE JUICE

DRINKS

SOFT DRINKS

FROM THE TAP	Regular	Large
	£2.95	£3.95
Coke/Diet Coke/Coke Zero		
Lemonade	£2.95	£3.95

BOTTLE WATER

	330ml	750ml
	£2.95	£4.95
Still Water		
Sparkling Water	£2.95	£4.95

JUICE

	Regular	Large
	£2.99	£4.50
Cranberry Juice	£2.99	£4.50
Pineapple Juice	£2.99	£4.50
Apple Juice	£2.99	£4.50
Orange Juice	£2.99	£4.50
Pomegranate Juice	£2.99	£4.50

BOTTLES

Coke/Diet 330ml	£3.95
Coke/Coke Zero	
Sprite	£3.95
Fanta	£3.95
Apple Tiser	£3.95
J20	£3.95

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